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| TARGET GROUPS | 12+ |
| TITLE | Identity molecule |
| RUNNING TIME | 60-90min |
| LEARNING OBJECTIVES | Promotes self-awarenessEncourages sharingEstablishes a broader definition of diversity in a seemingly homogeneous group. |
| MATERIALS | Papers and pens, one identity molecule drawn on the board. |
| PREPARATION | Prepare your own molecule. |
| IMPLEMENTATION | Present your identity molecule to the class.Ask the participants to identify themselves using 5 social descriptors (class, ethnic background, gender, sexual orientation,…) and fill their Identity Molecules, after doing so individually, they share their “molecules” in small groups. Reconvene the group and facilitate a discussion on self identification (why they choose that 5 descriptors? Are these the only identities we have? Are they given or chosen?) |
| ROLE OF THE TEACHER | Facillitates the process. |
| POSSIBLE RISKS & HOW TO HANDLE THEM | It is important to stick to the desriptors of social and cultural indentity. If only one teacher presents the molecule, they might copy it a bit, its better to present at least two diverse molecules.Participants might want to identify more than 5 descriptors. This is also ok and you can let them. |
| FEEDBACK TOOL | What was it like to do this activity?What was it like to select 5 descriptors?Do you usually think about yourself in this way?What were some of the things you discovered while listening and sharing in your small groups? |

Adapted from the EPTO manual and https://www.salto-youth.net/tools/toolbox/tool/identity-molecule.389/